

# 15 Common Meadowway Plants

**The**   
**Meadowway**  
COMMUNITY POWERED GREEN SPACES

*Presented by:*

*A project of:*



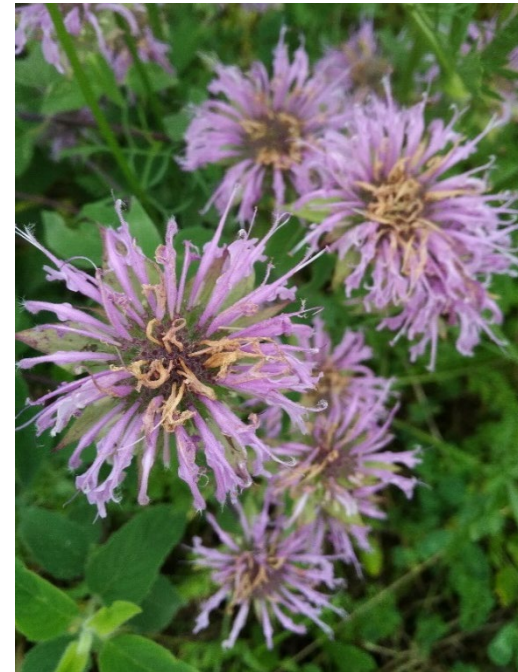
**Toronto and Region**  
**Conservation**  
Authority



# Wild Bergamot

## *Monarda fistulosa*

- Native
- Flowers: Light purple, tubular, fragrant
- Bloom: Early/mid-summer
- Seeds in September
- Leaves: Opposite leaves, fragrant
- Habitat: Field, meadows
- Notes: Mint family, square stem





# Evening Primrose

## *Oenothera biennis*

- Native
- Flowers: Terminal spike of flowers. 4 heart-shaped yellow petals
- Bloom: Mid-late summer
- Leaves: Lanceolate, basal leaflets
- Habitat: Open areas or edge habitats

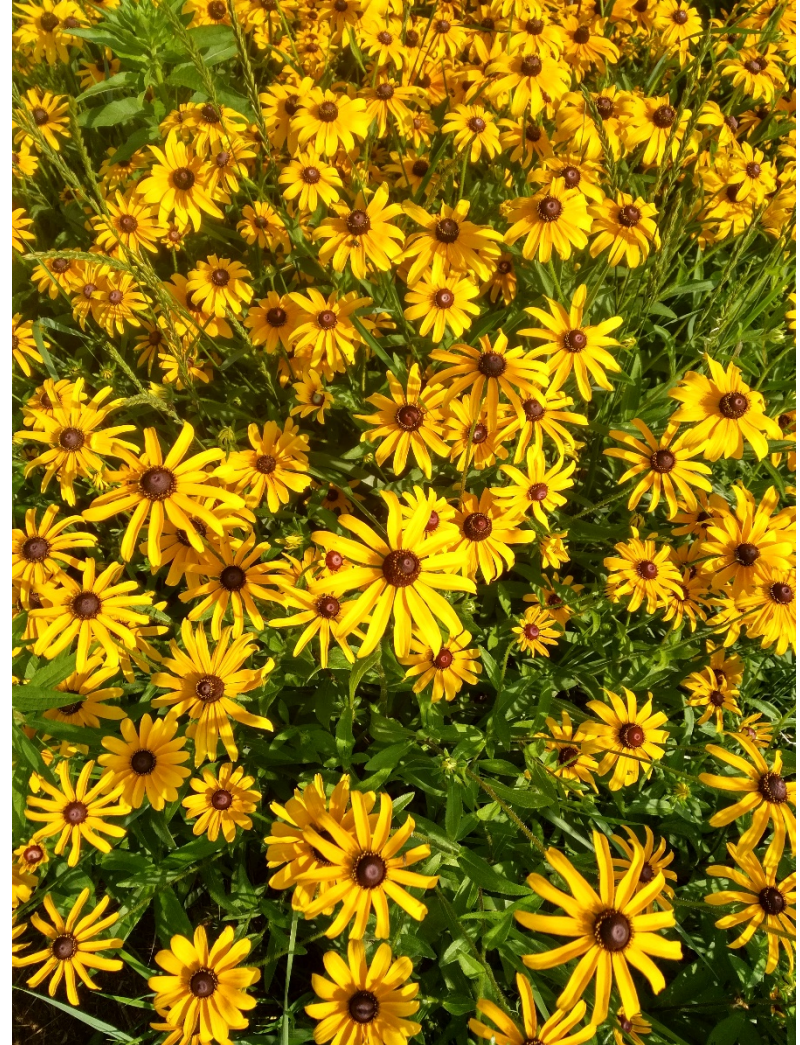




# Black-eyed Susan

## *Rudbeckia hirta*

- Native
- Flower: Yellow rays with dark cone
- Bloom: Throughout summer
- Leaves: Fuzzy, oblong leaves
- Stem covered in bristly hairs
- Seeds in September
- Habitat: Open fields, meadows

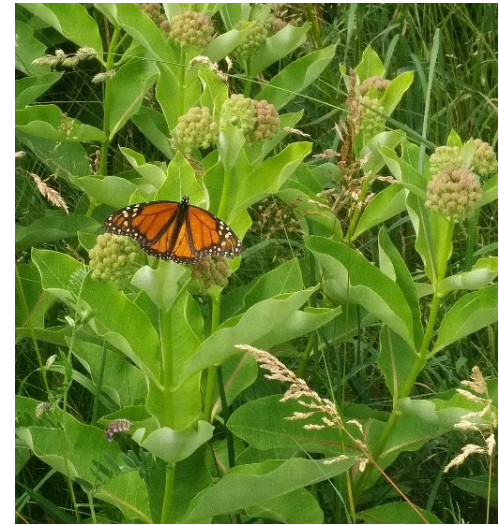




# Common Milkweed

## *Asclepias syriaca*

- Native
- Flowers: Pink/violet/white clusters
- Bloom: Mid-summer
- Leaves: Large, soft/fuzzy, elliptical, smooth margins
- Seed pods large and warty
- Notes: Host plant for Monarch butterfly, milky white sap when plant is broken





# Butterfly Milkweed

## *Asclepias tuberosa*

- Native
- Flowers: Orange clusters
- Bloom: Mid-summer
- Leaves: Thin, long, smooth margins
- Habitat: Dry, open fields
- Notes: Upright seed pods, clear sap (unlike other Milkweeds), host plant for Monarch butterflies





# Sweet Oxeye (False Sunflower)

*Heliopsis helianthoides*

- Native
- Flowers: Large, yellow rays, yellow cone-shaped disk
- Bloom: June-August
- Leaves: Opposite, toothed
- Habitat: Prairies





# Cup Plant

## *Silphium perfoliatum*

- Native
- Flowers: Large, yellow rays with yellow disk
- Leaves: Large opposite triangular leaves that form cups where they attach to the stem (hold water)
- Very tall plant with thick, rigid stem
- Habitat: Prairies, meadows, shorelines

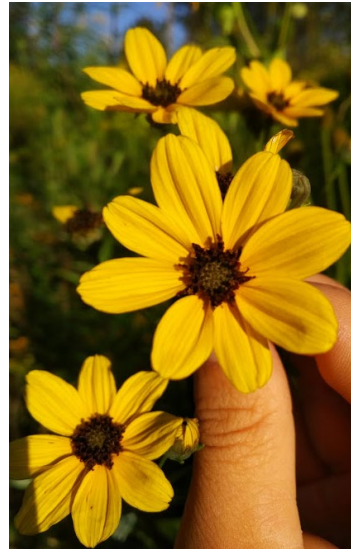




# Tall Coreopsis

## *Coreopsis tripteris*

- Native
- Flowers: Yellow rays, dark centres
- Bloom: Mid-late summer
- Leaves: Thin, stalked, compound (groups of 5-8 leaflets)
- Habitat: Woods, open areas, damp prairies

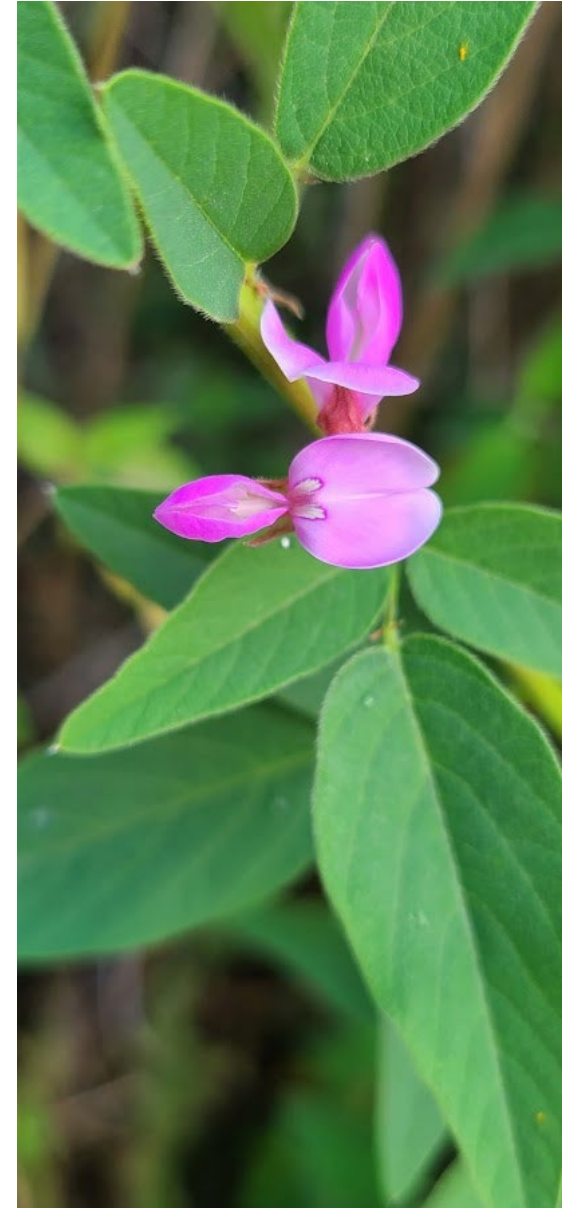




# Showy Tick Trefoil

## *Desmodium canadense*

- Native
- Flowers: Pink-violet flowers in dense racemes
- Bloom: Midsummer
- Leaves: Compound, toothless
- Seeds are half-moon pods that stick to everything
- Habitat: Prairies
- Notes: Nitrogen-fixing legume





# Tall Sunflower

## *Helianthus giganteus*

- Native
- Flowers: Large, yellow rays, yellow disk
- Bloom: Mid/late summer
- Leaves: Lanceolate, similar to goldenrod
- Stiff, upright red/purple stems
- Habitat: Wet prairies, damp thickets





# Virginia Mountain Mint

## *Pycnanthemum virginianum*

- Native
- Flowers: Small, white with flecks of purple
- Leaves: Narrow, short, opposite
- Fragrant minty smell
- Square stem
- Habitat: Wet prairies

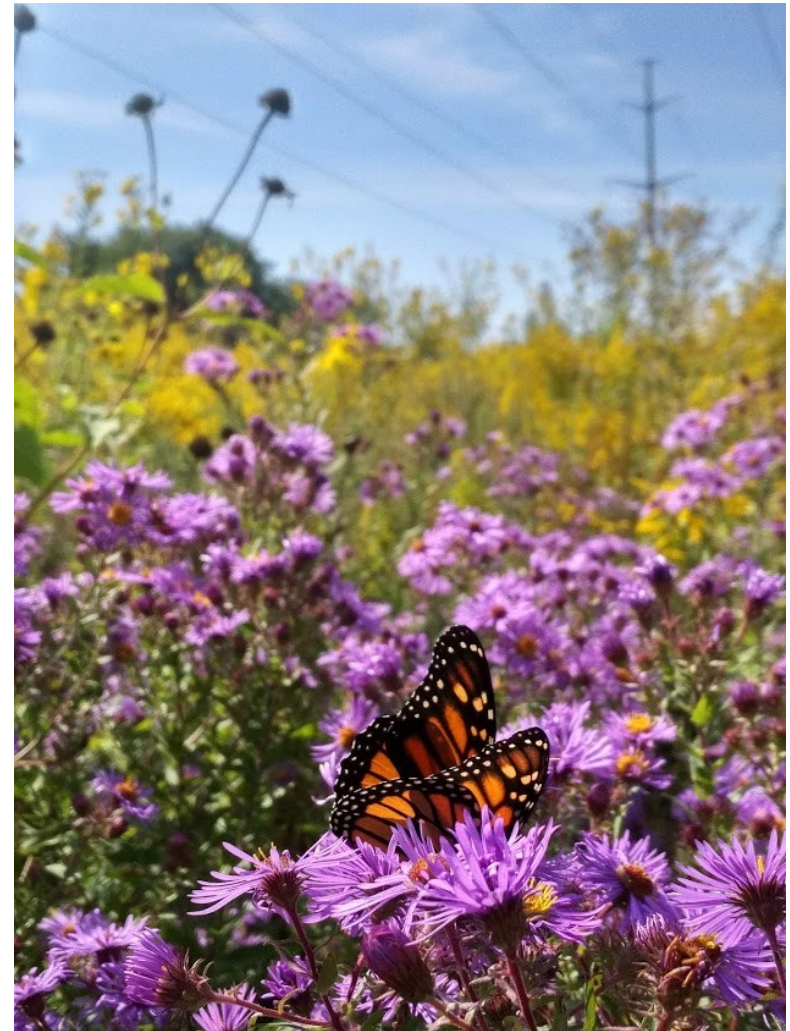




# New England Aster

## *Aster novae-angliae*

- Native
- Flowers: Large, numerous purple rays, yellow centre
- Bloom: Late summer/fall
- Leaves: Lanceolate, clasping
- Habitat: Fields, meadows, shores





# Big Bluestem “Turkey Foot”

## *Andropogon gerardii*

- Native
- Seedhead has 3-5 prongs, resembles the shape of a turkey’s foot
- 6+ feet tall
- 2/3 of height is in roots (up to 10ft underground)
- Seeds October/November





# Indian Grass

## *Sorghastrum nutans*

- Native warm season grass
- Long, thin seedhead with soft, fluffy seeds
- Bronze coloured seeds and stalks in fall





# Switchgrass

## *Panicum virgatum*

- Native, warm-season grass
- Seeds very small and scattered in clumps along terminal branches

